

22nd May 2024

Dear Parent/Carer,

PSHE Curriculum

I am writing to update you on the topics Year 12 will be studying in PSHE in the coming weeks. In the final half term, Year 12 will be learning about **healthy choices and personal safety** and will be taught:

- Travel safety, including cycle safety, young driver safety, passenger safety, using licensed taxis and getting home safely
- laws and risks of being a passenger with an intoxicated driver and how to manage this
- Summer holiday safety: about safety, rights and responsibilities when travelling in the UK and abroad, including passport, visa and insurance requirements
- to identify and manage the impact of substance use on health, personal safety, decision making and sexual behaviour
- about the consequences of substance use, and how to manage use of alcohol and other drugs
- about the impact of substance use on road safety, work-place safety, reputation and career
- how to evaluate the dangers and consequences of involvement in gangs, serious organised crime or carrying a weapon
- how to perform first aid

PSHE involves both written work and group-based discussion work, and we really hope your child will enjoy exploring the range of topics that PSHE offers. Resources that we use are sourced from the PSHE Association and therefore approved by the Department for Education.

If you wish to review any of our lessons and resources, please contact the school and we will arrange for you to come in, meet with a member of staff and look through the slides we deliver.

If you have any questions or queries relating to the PSHE curriculum, please do not hesitate to get in touch at: info@guiseleyschool.org.uk. The resources below may also be useful for you to discuss the work we do in PSHE with your child/ren at home:

- https://www.met.police.uk/cp/crime-prevention/personal-safety-how-to-stay-safe
- https://www.think.gov.uk/
- https://www.gov.uk/foreign-travel-advice
- https://www.gov.uk/victim-crime-abroad
- https://www.childline.org.uk/info-advice/you-your-body/drugs-alcohol-smoking/
- https://www.childline.org.uk/info-advice/bullying-abuse-safety/crime-law/gangs/
- https://www.nhs.uk/conditions/first-aid/

Yours sincerely,

Mrs R Probert

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Assistant Headteacher Personal Development