



GUISELEY SCHOOL

26 February 2025

Dear Parent/Carer

PSHE Curriculum

I am writing to update you on the topics Year 9 will be studying in PSHE in the coming weeks. This half term, Year 9 will be focusing on health and wellbeing, and will be learning about **substance use and exploitation**. Students will be taught:

- How unhealthy friendships can negatively influence young people regarding anti-social behaviour and choices, introducing alcohol and substance abuse
- How to assess risk and manage influences of peers in relation to anti-social behaviour and substance/alcohol choices
- 'Group Think and how it can encourage anti-social behaviour
- How to assess the risks of alcohol, tobacco, nicotine and e-cigarettes
- The rule of law – the legal age of purchase and consumption of alcohol and tobacco and the legal status of recreational drugs and the legal consequences of them – both possession and supply
- How to manage influences in relation to substance abuse and the promotion of social norms in relation to alcohol
- The health risks of drug and alcohol consumption and the effects of addiction and dependence
- The links between drugs and gang involvement, including information on County Lines and the facts around the consequences of supplying substances to others

PSHE involves both written work and group-based discussion work, and we really hope your child will enjoy exploring the range of topics that PSHE offers. Resources that we use are sourced from the PSHE Association and therefore approved by the Department for Education.

If you wish to review any of our lessons and resources, please contact the school and we will arrange for you to come in, meet with a member of staff and look through the slides we deliver.

If you have any questions or queries relating to the PSHE curriculum, please do not hesitate to get in touch at: info@guiseleyschool.org.uk. The resources below may also be useful for you to discuss the work we do in PSHE with your child/ren at home:

- <https://www.talktofrank.com/drug/alcohol?a=Alcohol>
- <https://www.nhs.uk/better-health/quit-smoking/vaping-to-quit-smoking/vaping-myths-and-the-facts/>
- <https://www.childline.org.uk/info-advice/you-your-body/drugs-alcohol-smoking/>
- <https://www.nationalcrimeagency.gov.uk/what-we-do/crime-threats/drug-trafficking/county-lines>

Yours sincerely

Mr S Lord
Curriculum Leader - PSHE

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